

Saint Joseph's, Saint Anne's & Holy Family And Saint Patrick's Sunday Mass Readings Homily - 10th March 2024, Fourth Sunday of Lent, Year B Served By The Discalced Carmelites Parish Priest: Fr. Louis Aroon OCD email: louisaroon2015@gmail.com Assistant Priest: Fr. Ligori Alexander OCD email: ligorialex@gmail.com Tel: 0191 534 2346 Sr. Alphonsus (Parish Sister at St. Patrick's, Ryhope) Tel: 0191 521 0340 Rev. Bernard Finan SDS (Retired and resident priest at St. Patrick's)

Sunday Mass Readings for 10 th March 2024, Fourth Sunday of Lent, Year B	
1st Reading	2 Chronicles 36:14-16, 19-23
Responsorial Psalm	Psalms 137:1-2, 3, 4-5, 6
2nd Reading	Ephesians 2:4-10
Verse Before the Gospel	John 3:16
Gospel	John 3:14-21
Sermon	John 6:35-51

1st Reading - 2 Chronicles 36:14-16, 19-23

14 In those days, all the princes of Judah, the priests, and the people added infidelity to infidelity, practicing all the abominations of the nations and polluting the LORD's temple which he had consecrated in Jerusalem.

15 Early and often did the LORD, the God of their fathers, send his messengers to them, for he had compassion on his people and his dwelling place.

16 But they mocked the messengers of God, despised his warnings, and scoffed at his prophets, until the anger of the LORD against his people was so inflamed that there was no remedy.

19 Their enemies burnt the house of God, tore down the walls of Jerusalem, set all its palaces afire, and destroyed all its precious objects. 20 Those who escaped the sword were carried captive to Babylon, where they became servants of the king of the Chaldeans and his sons until the kingdom of the Persians came to power. 21 All this was to fulfil the word of the LORD spoken by Jeremiah: "Until the land has retrieved its lost sabbaths, during all the time it lies waste it shall have rest while seventy years are fulfilled." 22 In the first year of Cyrus, king of Persia, in order to fulfill the word of the LORD spoken by Jeremiah, the LORD inspired King Cyrus of Persia to issue this proclamation throughout his kingdom, both by word of mouth and in writing:

23 "Thus says Cyrus, king of Persia: All the kingdoms of the earth the LORD, the God of heaven, has given to me, and he has also charged me to build him a house in Jerusalem, which is in Judah. Whoever, therefore, among you belongs to any part of his people, let him go up, and may his God be with him!"

Responsorial Psalm – Psalms 137:1–2, 3, 4–5, 6. R. (6ab) Let my tongue be silenced, if I ever forget you!

1 By the streams of Babylon we sat and wept when we remembered Zion. 2 On the aspens of that land we hung up our harps.

R. Let my tongue be silenced, if I ever forget you!

3 For there our captors asked of us the lyrics of our songs, And our despoilers urged us to be joyous: "Sing for us the songs of Zion!"

R. Let my tongue be silenced, if I ever forget you!

4 How could we sing a song of the LORD in a foreign land? 5 If I forget you, Jerusalem, may my right hand be forgotten!

R. Let my tongue be silenced, if I ever forget you!

6 May my tongue cleave to my palate if I remember you not, If I place not Jerusalem ahead of my joy.

R. Let my tongue be silenced, if I ever forget you!

2nd Reading - Ephesians 2:4-10

Brothers and sisters:

- 4 God, who is rich in mercy, because of the great love he had for us,

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5 even when we were dead in our transgressions, brought us to life with Christ - by grace you have been saved -, 6 raised us up with him, and seated us with him in the heavens in Christ Jesus,

7 that in the ages to come He might show the immeasurable riches of his grace in his kindness to us in Christ Jesus. 8 For by grace you have been saved through faith, and this is not from you; it is the gift of God;

9 it is not from works, so no one may boast.

10 For we are his handiwork, created in Christ Jesus for the good works that God has prepared in advance, that we should live in them.

Verse Before The Gospel - John 3:16

16 God so loved the world that he gave his only Son,

so everyone who believes in him might have eternal life.

Gospel - John 3:14-21

Jesus said to Nicodemus:

14 "Just as Moses lifted up the serpent in the desert, so must the Son of Man be lifted up,

15 so that everyone who believes in him may have eternal life."

16 For God so loved the world that he gave his only Son, so that everyone who believes in him might not perish but might have eternal life.

17 For God did not send his Son into the world to condemn the world, but that the world might be saved through him. 18 Whoever believes in him will not be condemned, but whoever does not believe has already been condemned,

because he has not believed in the name of the only Son of God.

19 And this is the verdict, that the light came into the world, but people preferred darkness to light, because their works were evil.

20 For everyone who does wicked things hates the light and does not come toward the light, so that his works might not be exposed.

21 But whoever lives the truth comes to the light, so that his works may be clearly seen as done in God.

Sunday Mass Readings Homily - March 10 2024, Fourth Sunday of Lent, Year B March 10 2024 Catholic Sunday Readings Homily Theme: The Son of Man Must Be Lifted Up - John 3:14-21

Saint Of The Day

- Saint Marie Eugénie de Jésus
- Saint John Ogilvie
- Blessed Elias del Socorro Nieves
- Pope Saint Simplicius
- Blessed John of Vallombrosa
- Saint Patrick's Day | History, Traditions, & Facts
- Blessed Wirnto of Formbach
- Saint Attalas of Bobbio

- Saint Kessog
- Forty Martyrs of Armenia
- Saint Anastasia the Patrician
- Blessed Jean-Marie Joseph Lataste
- Saint Macarius of Jerusalem
- Saint Codratus of Nicomedië
- Saint Andrew of Strumi
- Saint Himelin
- Saint Droctoveus
- Saint Caius of Apema
- Saint Gustav the Hermit
- Saint Alexander of Apema
- Saint Emilian of Lagny
- Saint Saturninus of Nicomedia (modern-day Turkey).
- Saint Rufinus of Nicomedia arrested, tortured, and ultimately put to death.

Saint Alexander of Apema was born in Eumenes, Phrygia, and became a missionary preacher in Apema, an area in modern-day Turkey. He collaborated with Saint Caius of Apema in opposing the Montanist heresy. Unfortunately, he was martyred in 172 AD during the persecutions led by Emperor Marcus Aurelius.

Saint Emilian of Lagny, whose alternate names include Aemilianus, Emilien, Eminian, or Imelin, was an Irish-born Benedictine monk who later became the abbot at Lagny, France. He died of natural causes in 675 AD.

During the persecutions under Emperor Valerian, Saint Saturninus of Nicomedia was taken into custody, subjected to torture, and eventually put to death. He died in 258 AD in Nicomedia, which is located in Asia Minor

Saint Rufinus of Nicomedia was also a victim of the persecutions during the reign of Emperor Valerian. He was

He died in 258 AD in Nicomedia, which is located in Asia Minor, now known as modern-day Turkiye.

- Saint Victor of North Africa Saint Victor of North Africa was martyred in the persecutions of Decius in North Africa. Saint Augustine wrote about him.
- Saint Peter of Veroli

Saint Peter of Veroli born in Spain was a hermit near Veroli, Italy. He died near Veroli, Italy of natural causes. Miracles have been reported at his tomb.

- Saint Sedna of Ossory
- Saint Sedna of Ossory was a benedictine monk and abbot of Seir-Kieran abbey. He became the bishop of Ossory, Ireland. He was a friend of Saint Luanus and died in 570 AD of natural causes.
- Saint Mariana of Britonia
- Saint Mariana of Britonia also known as Marina was a martyred nun who died in Britonia, Asturias now modern Spain.
- Saint Failbhe the Little

Saint Failbhe the Little born in 674 AD was the abbot of Iona Abbey for seven years and died in 754 AD of natural causes.

- Saint Sannudius of Bagensena Saint Sannudius of Bagensena was martyred in the persecutions of Maximian in 303 AD in Bagensena, Italy.
- Saint Silvester of Ireland Saint Silvester of Ireland was the evangelist in Ireland with Saint Palladius of Ireland he died in 420 AD.
- Saint Blanchard Saint Blanchard has no biographical information but his relics are honored at Nesle-le-Reposte, France.

- Saint Agapa of Britonia
- Anonymous Martyrs of Persia

Sick Of the Parish:



Please pray for all the Sick in our three Parishes "My Payers and Good Wishes to All."

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Saint Agapa of Britonia was a martyred nun who died in Britonia, Asturias now modern Spain.